

Point 1: Causing Any Wrong

I saw this man shopping at the store. He grabbed a can of milk but when he pulled it out from the shelf, another can was forced out of its place slightly. It was still secure but he readjusted the position to put it back in its place. The other day I saw him throwing some rubbish into a bin. A tiny piece of paper that I could barely see, fell on the floor. He picked it up and carefully put it back into the bin. This time I managed to see his face. It was as bright as a full moon. I immediately recognised that he was a man who was striving in the path of his Lord. He considered it a big crime to be the cause of any wrong, no matter how minor and ignorable it might be.

(Dr Abdullah Rahim)

Point 2: Helping Others

One of the greatest opportunities that God provides to people who seek to gain His approval and improve their spirituality is the occasion when someone needs help. A person who is interested in purifying his heart looks out for these opportunities like an enthusiastic hunter. Such a person will not let go of any opportunity like this because he/she knows the value of such opportunities. However, the important point is that since such a person sees these opportunities as catalysts for purification, he/she does not consider them as favours to others or something even worthy of mention to others. The rules of engagement for a person in the path of purification are totally different. When people thank a person in this path for helping them, he/she feels embarrassed, thinking, "I should be the one thanking them for